

Vitebsk Duathlon -2017

Baltic Cup race

Belarus Cup Final race

Distances:

1 k m run-5 k bike-0.5 k run

2.5 k run-10 k bike-1.25 k run

5 k run-20 k bike-2.5 k run

Venue:

Sport complex in Gorodok (30 k from Vitebsk) GPS 55.450236, 29.959687

Date: September 24th 2017

Age categories:

DISTANCE 1 km run-5k bike-0.5 k run

Девочки и мальчики/Kids:

1. 9 лет и младше (2008 г.р. и младше)/Kids E (born 2008-2010)
2. 10-11 лет (2006-2007 г.р.)/Kids D (born 2006-2007)
3. 12-13 лет (2004-2005 г.р.)/Kids C (born 2004-2005)

DISTANCE 2,5 k run-10 k bike-1,25 k run

Мужчины и женщины/Females and males:

1. 50-59 лет (1967-1958 г.р.)/Senior II (born 1958 -1967)
2. 60-69 лет (1957-1948 г.р.)/Senior III (born 1948-1957)
3. 70 лет и старше (1947 г.р. и старше)/Senior IV (1947 and earlier)
4. Amateur females and males

Девушки и юноши/Girls and boys:

1. 14-15 лет (2002-2003 гг.р.)/ Youth B (born 2002 – 2003)
2. 16-17 лет (2000-2001 гг.р.)/Youth A (born 2000 – 2001)

DISTANCE 5 k run-20 k bike-2.5 k run

Юниорки и юниоры 18-19 лет (1998-1999 гг.р.)/ Junior females and males 18-19 (born 1998 – 1999)

Женщины и мужчины/ Females and males

1. 20-39 лет (1997-1978 гг.р.)/Elite (born 1978-1997)
2. 40-49 лет (1977-1968 гг.р.)/Senior I 40-49 (born 1968–1977)

Схемы трасс/Race courses





Регистрация/Registration:

Групповые заявки от команд иностранных спортсменов на участие в соревнованиях подаются в судейскую коллегию по электронному адресу beltrigs@mail.ru

Please send your team entries containing name and age of your athletes to the following e-mail address beltrigs@mail.ru before September 20th 2017

Race fee:

1 k run-5k bike -0.5 k run - 10 euro

2.5 k run-10k bike-1.25k run – 15 euro

5 k run -20k-2.5k – 20 euro

SCHEDULE

	September 23rd	
17:00-19:00	Registration, bike and run course familiarization	
	September 24th	
9:30-10:00	Registration	Venue: Gorodok Sport Centre (30 ks from Vitebsk)
9:30-11:00	Bike and run course familiarization	
10:00	Bike check-in	Transition open
11:00	Opening ceremony	
11:30	Start	1 k run+5k bike+0.5k run
12:15	Start	2.5 k run+10 k bike+1.25 k run 5 k run+20 k bike+2.5 k run
14:30	Awards ceremony	

The schedule is subject to changes!

Accommodation

Please contact Valery Kazlou for your accommodation booking

+375 29 7719640 valerii57@mail.ru

Please contact Maryia Charkouskaya-Tarasevich should you require an invitation letter for your visa application

+375 29 6292231, beltrigs@mail.ru